Toronto District School Board

Asian Heritage Month Jewish Heritage Month

1 Beltane\* Wicca/Pagan 2 Twelfth Day of Ridvan Baha'i **3** Orthodox Holy Friday 5 National Inquiry; Missing and Murdered Indigenous Women and Girls in Canada **5** International Family Equality Day **5** Orthodox Easter Sunday 6 Orthodox Easter Monday 6-10 Children's Mental Health Week 9 Parent Workshop 5-6pm 9 Akshaya Tritya 12 Mother's Day 15 International Day of Families 17 Malcolm X day 20 Queen Victoria Day Public Holiday – No School 22 Second Passover 23 Declaration of the Ba'b\* Baha'i 23 Junior School Concert 5:30pm 24 Pizza Lunch 28 National Access Ability Week 29 The Ascension of Baha'u'llah\* Baha'i 30 School Family Fest 4-7pm

> Integrity is choosing your thoughts and actions based on values rather than personal gain.

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Dear Parents/Guardians:

We had a busy month with Ramadan, trips to the Science Centre, Movie Night, conflict resolution lessons with Ms. Cristina Di Luca, Itinerant Child and Youth Worker, Uke Day at Wilkinson PS, International Day of Pink, Bake Sale, Eco-presentations with the City of Toronto, a Parent Workshop in the library, Earth Day events, visit to DA Morrison for the Frozen musical and tour, Dental Presentations from Brushamania, Pizza Lunch, Track/ Mental Health Day, and a trip to Young People's Theatre this past week. There has been so much happening and all in support of student learning and experiences. We'd like to begin this month's newsletter by congratulating the many students who were recognized for demonstrating co-operation. Rm 18 and 14 had a wonderful sharing assembly and performed the dance Bhangra for us as part of Sikh Heritage Month.

As we transition into Jewish Heritage and Asian Heritage Month we are so proud of all the cultural learning that unfolds each month. All classrooms continue to have opportunities to explore rich learning experiences at school. As we move into Children's Mental Health week, our students have learned so many strategies about selfregulation, identifying how they feel and supporting each other. Every moment of acceptance sends powerful messages to each other about inclusion, acceptance, and empathy. It has been a truly magical opportunity to witness the learning of students.





The month of April hosted an annual School Clean-Up Day and we are most proud of the environmental leadership among our young students and the great role modeling by staff. Thank you to Ms. LeClerc and Ms. Ahmad for organizing our eco-team and all classes. While days and events such as this go a long way to keep our school and community clean, we hope we can do even better collectively on a daily basis.

It's truly an honour to serve the students, staff and community at Gledhill Jr PS.

Sincerely, Peppi Kondilis-Minos



# Gledhill Read-a-thon Suggested Monthly Reading to Support Mental Well-being and BIPOC Equity Inclusivity and Diversity May 2024

(Consent and Body Boundaries, Asian and South Asian Heritage Month, Jewish Heritage Month)

K-Grade 2

• Let's talk about body boundaries, consent and respect by Jayneen Sanders

https://www.youtube.com/watch?v=lf533mPGK6E (read by author)
My Body Safety Rules: 5 Things Every Child Should Know

- https://www.youtube.com/watch?v=u03EHVf-7vI (animated reading)
- C'est mon corps! by Élise Gravel available at

https://www.tiktok.com/@elisegravel\_francais/video/714550692935855 6421?lang=en 8 copies available at TPL

• *Le cochon qui voulait dire non* by Carine Paquin available online from TPL

• TON CORPS T'APPARTIENT by Yamini Vijayan https://storyweaver.org.in/en/stories/280381-your-body-isyours?mode=read https://youtu.be/5KqyiLZI\_mc

• My Day with Gong Gong by Sennah Yee, Illustrated by Elaine Chen

https://www.youtube.com/watch?v=spHjbMXCp7A https://www.youtube.com/shorts/uiyTJiVFssY (meet the author/ 3 questions for kids)

• Le kimono de Suki by Chieri Uegaki and Stéphane Jorisch 6 copies available from TPL

• Grand-papa grognon by Katrina Moore, illustrated by Xindi Yan available in English at https://www.youtube.com/watch?v=XmueT6Yi-9E available in French at Scholastic, leslibraires.ca, Amazon, Indigo

• Petite-fille grognon : le Nouvel An lunaire by Katrina Moore, illustrated by Xindi Yan

8 copies available from TPL

• Yasmine Aime la Mode by Saadia Faruqi, Illustrated by Hatem Aly

3 copies available from TPL

• Yaffa and Fatima: shalom, salaam by Fawzia Gilani-Williams

available online from TPL

• Un merveilleux petit rien by Phoebe Gilman

available in French at https://www.youtube.com/watch?v=2Mo17VEtWD4 1 copy available from TPL

Grades 3-5 • Consent (for Kids) by Rachel Brian

https://www.youtube.com/watch?v=Hyix6LDuXLo&t=52s (chapter 1) • Peggy's Impossible Tale by Slavia Miki and Roy Miki, Illustrated by Mariko Ando

• Finding Home: The Journey of Immigrants and Refugees by Jen Sookfong Lee, Illustrated by Drew Shannon

• https://www.youtube.com/watch?v=LOdme\_XdOzI (podcast special with the author)

• A Struggle for Hope by Carol Matas

- The Sun Will Come Out by Joanne Levy
- Parvana: Une Enfance en Afghanistan by Deborah Ellis



### **Elementary Summer School**

Elementary summer programs increase engagement and build self-confidence in our students. This summer we are opening schools across the city to help build reading, writing and math skills in our students. Visit www.tdsb.on.ca/summer for a complete list of participating schools. @TDSB\_ConEd

#### **TDSB Recognizes Children's Mental Health Week**

This year, the TDSB recognizes Children's Mental Health Week (CMHW) from May 6 to 10, 2024. To help support student mental health and well-being for all, the Professional Support Services team has developed a wide variety of resources in line with this year's theme of Coping, Caring and Connecting. Please access these resources below.

And, join and follow the conversation on Twitter using #copingcaringconnecting and see how schools are supporting mental health and well-being with their students.

Interactive Resource Kits

- Elementary Students
- Teen or Secondary Students
- Students with Special/Complex Needs
- Parents/Caregivers

### Pedestrian Safety - Safety Tips for Parents

Children under nine should be accompanied by adults or older children when crossing the street. At this age, their judgment and perceptual skills are still immature, yet they often eagerly try to cross streets on their own in order to demonstrate some independence. Teach your children the rules of the road - start when they're young. Think of it as gradually training your children about safety until all the connections are in place. By the time your child reaches age nine and can act independently, the road safety rules will be second nature.

- Teach children how to cross the street safely. Teach them to stop (before stepping onto the road), look left, right and left again, and listen for traffic before stepping out into the street. Teach children to wait until the street is clear and to keep looking until they have crossed the street. They should also look the driver in the eye before crossing.

- Teach children to recognize pedestrian crossing signals but not rely on them. Before crossing, children should also be sure the traffic has stopped. Remind them to continue across if the light changes to "Don't Walk" while they are in the crosswalk.

Teach children to be extra alert when crossing at a corner with no traffic lights.
Teach your children to stop at driveways, alleys and areas without curbs and to never run out onto the street.

- Teach children about the dangers of crossing the street between parked cars or when not at a corner. Children should cross only at corners and pedestrian crosswalks, not diagonally or between parked cars.

- Teach children to respect the role of the crossing guard and to understand his/her signals.

- Teach children that wherever possible they should walk on the sidewalk. In areas without sidewalks, teach children to walk as far away from the road as possible, facing approaching traffic (when there is no choice but to walk on the road).

- Teach children that playing games at railway crossings or around trains can be deadly. Teach children that the only way to cross railway tracks is to use designated railway crossings.

Follow the same rules that you want your child to follow. You may want to cut across the street in the middle of the block, but you want your child to learn to cross at the intersection. Be a good role model.



### May is Asian Heritage Month at the TDSB

The TDSB is proud to celebrate the numerous achievements of Asian–Canadians during Asian Heritage Month. During the month of May we are honoured to share with you several opportunities and resources to learn about the traditions, customs, and significant individuals that this heritage brings. Stay tuned as we share details with you throughout the month of May!

# <u>Jewish Heritage Month - May 2024 - The</u> <u>Mouse who Danced The Hora</u>

Jewish Heritage Month is recognized at the Toronto District School Board (TDSB) during the month of May. The TDSB's Jewish Heritage Committee's (JHC) program for 2024, as in previous years, is part of the committee's commitment to plan annual educational opportunities and enrich the curriculum for further learning about Jewish heritage and culture. Each year we choose one grade or division to focus on with a program and in some years, we have been fortunate to work with other organizations to provide larger scale programs.

This year, the Jewish Heritage Committee is focussing on students in Kindergarten to Grade 3 using the book *The Mouse Who Danced the Hora* by Pamela Mayer, illustrated by Christine Davenier, to teach our youngest students about diversity and equity through Jewish wedding traditions, and learning to dance the Hora.

Click <u>here</u> for our Jewish Heritage Month poster with more information about TDSB Jewish Heritage Month.

#### **TDSB Celebrates Education Week**

We celebrate with schools across the province to recognize Education Week, and highlight the amazing work and initiatives underway in support of equity and students' wellbeing and achievement.

The pandemic has continued to have a significant impact on our TDSB community, but in the face of this adversity, we have come together to find new ways to connect, collaborate, learn, and support each other.

With that in mind, the focus of this year's provincial Education Week is #StrongerTogether. Join us to share how we are coming together as an education community to support and prioritize the health and well-being of students and staff, engage all students, and maintain connections and support all partners, including parents and families.

# Calling All New and Soon To Be Parents! Roots of Empathy Instructor Volunteers Needed

See firsthand how bringing a baby into a classroom of children is helping to instill lifelong empathy. <u>Roots of Empathy</u> is an international organization committed to building caring, peaceful and civil societies by breaking intergenerational cycles of bullying and violence.

How does it work? Your baby, known as a "tiny teacher", is 2 – 4 months old at the start of the school year, and you are matched with a local school in your neighbourhood as well as a Roots of Empathy Instructor who will support you in and out of the classroom. The program follows the course of the school year with monthly visits. <u>Watch this short video</u> to see how you and your baby in a classroom teach empathy to students, or visit the <u>Roots of Empathy</u> <u>website</u> for more information on how to get involved.

# International Languages Elementary and African Heritage (ILE-AH) Summer Program

The International Languages Elementary and African Heritage (ILE-AH) Summer Program begins on July 2 with over 20 languages and African Heritage. The International Languages Elementary Program combines language & culture learning with engaging language skillfocused activities like group writing, guided reading, games, songs, dance, storytelling, and arts for Kindergarten to Grade 8 students. No language background knowledge is necessary. In the African Heritage Program, students explore the history, culture, traditions, and contributions of people of African descent to Canada and the world. For more information, please visit the <u>summer program website</u>.

